

**Would You Like To Be a Peer Coach
In The SDSU Bounce Back Retention Program?**

- Description of Program: Bounce Back is specifically designed for students on academic probation. This weekly, 50-minute class is offered through General Studies as a one unit course. Classes are kept small in order to encourage discussion, facilitate engagement, and develop a supportive learning community. The experiential format of Bounce Back fosters critical thinking and strengthens the learning potential of participants. Bounce Back provides the tools, guidance and support students need to achieve academic success.
- Class instructors are mental health professionals trained to facilitate each section. They are assisted by undergraduate students who serve as **Peer Coaches**.
- We are currently recruiting SDSU students to participate as **Peer Coaches in the Spring 2008 semester**.
- Peer Coaches receive 1 unit of Psychology 499 credit.
- **Commitment:** Approximately 3 hours per week. Attendance on Thursday January 17, 2008, from 9-Noon, for a Bounce Back Training. Peer Coaches must attend a peer consultation hour on Tuesdays from 12:30 to 1:30.
- Peer Coaches can choose which class they wish to coach, depending on which best fits their schedule. Class times still needing coaches are: Monday 4pm, Monday 6pm, Tuesday 9:30, Thursday 3:30, Friday 10:00 a.m.
- All Bounce Back classes conducted in Calpulli Center on campus.
- Attached is an application form. If you have any questions, please contact Maria Hanger, Ph.D., by calling 619 594 4367 or email at mhanger@mail.sdsu.edu. Please complete the application form and attach it to email sent to Maria Hanger.
- We look forward to the possibility of working with you to help SDSU students remove their academic probation status.

Thank you,

Maria Andujo Hanger, Ph.D.
Associate Director
Counseling and Psychological Services
San Diego State University

Bounce Back Peer Coach APPLICATION 2007-2008

Name: _____

Date: _____

Address: _____

Phone: (hm) _____

(wk) _____

E-mail: _____

(cell) _____

Summer Address/Contact Info:

Enrollment Status

_____ Full-time

_____ Part-time

_____ Extended Studies

_____ Graduate

_____ Not currently enrolled

Major: _____

RED ID: _____

Class Status

_____ Freshman

_____ Sophomore

_____ Junior

_____ Senior

_____ Other (specify)

Minor: _____

Please answer the next three items.

1. Describe any work, volunteer, educational or life experience that might have prepared you to be a Bounce Back peer coach.

2. Describe some of your strengths and limitations. Include some statement of those areas in which you hope to grow during your Bounce Back peer coach experience.

3. Describe your career/academic goals indicating how you think being a Bounce Back peer coach will help you achieve these goals.

Please submit this application via E-mail to: mhanger@mail.sdsu.edu

Thank you for your interest in becoming a peer coach,
Maria A. Hanger, Ph.D., Associate Director
Counseling and Psychological Services
San Diego State University